LUNCH MENU 14/10 -18/10				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Legumes - Vegetables - V	Legumes - Vegetables - V	Legumes - Vegetables -	Legumes - Vegetables - V	Legumes - Vegetables - V
		V		
Lentils	Peas in tomato sauce		Peas in tomato sauce	Lentils
Boiled Vegetables	Boiled Vegetables	Lentils	Boiled Vegetables	Boiled Vegetables
		Boiled Vegetables		
Pasta	Pasta	Pasta	Pasta	Pasta
Penne with Tomato V	Penne with Tomato V	Penne with Tomato V	Mac & Cheese V	Penne Carbonara
Spaghetti Bolognese	Penne with Pesto V	Penne Pesto V	Spaghetti Bolognese	Penne with Tomato V
Noodles with vegetables V	Penne Carbonara	Penne Carbonara	Penne with Tomato V	Penne with Pesto V
Mac & Cheese V	Orzo with tomato V		Penne Pesto V	Orzo with tomato V
Orzo with Tomato			Noodles with vegetables V	
Hot	Hot	Hot	Hot	Hot
Salmon Teriyaki	Chicken Breast Pizzaiola	Grilled Chicken Breast	Grilled Chicken Breast	Chicken Souvlaki
Grilled Chicken Breast	Chicken a la crème	Pork Fillets Dianne	Chicken Korma	Sweet & Sour Chicken
Chicken Souvlaki Satay	Souzoukaki stuffed with	Beeftekakia	Chicken Souvlaki Satay	Pork Fillets Dianne
Souzoukaki stuffed with cheese	cheese	Beef or chicken gyros	Afelia	Grilled Chicken Breast
Sweet & Sour Chicken	Meat Balls	Homemade Chicken	Chicken burger	Chicken burger
Chicken burger	Chicken burger	strips	Beef or chicken gyros	Beef or chicken gyros
Beef or chicken gyros	Beef or chicken gyros		Homemade Chicken strips	Homemade Chicken strips
Homemade Chicken strips	Homemade Chicken strips			
Side Dishes	Side Dishes	Side Dishes	Side Dishes	Side Dishes
Rice	Bulgur Pilaf	Rice with vegetables	Rice	Rice
Bulgur Pilaf	Rice with vegetables	Mozzarella Sticks	Bulgur Pilaf	Potato Puree
Potato Puree	Mozzarella Sticks	French fries	Mozzarella Sticks	Mozzarella Sticks
Mozzarella Sticks	French fries	Curly Fries	French fries	French fries
French fries	Curly Fries		Curly Fries	Curly Fries
Curly Fries				